

# 2009 Course Summary Sheet

## ■ Bachelor of Exercise Science & Sports Nutrition (HM45)

This document will assist you with the selection of your study program and completion of your enrolment. Other useful information can be found on the Student Services website [studentservices.qut.com](http://studentservices.qut.com) which can also be accessed via the Online Enrolment portlet.

**Location:** Kelvin Grove campus

**Course Duration:** 3 years full-time

**Total Credit Points:** 288

**Standard Credit Points/Full-time Semester:** 48

**Course Co-ordinator:** Dr Michael McDonald, Room OA431, Kelvin Grove, Ph: 3138 3618 [m.mcdonald@qut.edu.au](mailto:m.mcdonald@qut.edu.au)

**Enquiries:** School Human Movement Studies, Room 421, Level 4, A Wing, O Block Kelvin Grove, ph 3138 3360, email [enquirieshms@qut.edu.au](mailto:enquirieshms@qut.edu.au) Frequently Asked Questions are available on the QUT School of Human Movement Studies web site.

### IMPORTANT COURSE SPECIFIC ENROLMENT ADVICE

**Students are expected to enrol as per the standard structure outlined on this Course Summary and are responsible for ensuring their unit selection is correct. Failure to do so may result in financial and academic penalties.**

**Underloads** – it is not expected that a student should underload – i.e undertake less credit points than the standard semester load. If, however, your circumstances require you to undertake less units than the standard load, it may lead to difficulties in undertaking units in a timely manner later in the course. Students should also be aware of potential problems with Austudy if they choose to underload.

**Overloads** – it is not expected that a student should overload – i.e undertake more credit points than the standard semester load. If, however, your circumstances require you to overload you should be aware of the possible academic consequences of an increased study load. Students should also be aware of problems that may arise in the future with Austudy if they elect to overload.

**Course Progression** – students should attempt to follow the standard course progression as outlined on the Course Summary Sheet. Failure to do so could result in difficulties in unit selection. It is a student's responsibility to ensure they have met pre-requisite and co-requisite requirements when they select their enrolment program.

**Commencing Students** – commencing students are required to enrol as specified in the University's letter of offer in regards to their course, attendance mode, campus, and where applicable, major. Commencing Students are not permitted to overload in their first semester of study.

**Limits of grades of three for graduation purposes** – 12.5% of the total course credit points.

**Limits on grades of 3:** A new policy concerning grades of 3 comes into effect from 1 January 2009 (QUT MOPP C/9.2). With effect from this date grades of 3 will no longer be considered a conceded or low pass but will be classified as a fail grade. Any grades of 3 awarded prior to 1 January 2009 will retain the conceded pass status and will be counted for graduation purposes up to the maximum number of grades of 3 permitted for your course. Grades of 3 incurred in units that commence after 1 January 2009 will not count towards your degree. The maximum number of pre-2009 grades of 3 permitted for this course can be found [here](#).

**Important Note: please ensure you select the correct teaching period, class and location code for all units you are enrolled in. All units in this course have a class of Internal.**

Commencing students have been pre-enrolled in their units for the year. Students are required to accept their enrolment in these units via the On-Line Enrolment function in QUT Virtual. Students not undertaking one or more of these units must reject the unit(s) in question and nominate alternative units accordingly.

Graduates are eligible for membership of the Public Health Association and for registration as an Exercise Scientist with the Australian Association for Exercise and Sports Scientists (AAESS). A further 18 months may be required for accreditation as an Exercise Physiologist with AAESS.

## Course Structure

<b>Full-time Course Structure</b>		<b>Credit Points</b>	<b>Contact Hrs/Wk</b>	<b>Class Code</b>	<b>Location Code</b>
<b>Year 1, Semester 1</b>					
HMB171	Fitness, Health and Wellness	12	3.5	INT	KG
HMB313	Socio-Cultural Foundations of Physical Activity	12	4	INT	KG
LSB131	Anatomy	12	5	INT	GP
PUB474	Food Studies	12	3	INT	KG
<b>Year 1, Semester 2</b>					
LSB231	Physiology	12	4	INT	GP
SCB111	Chemistry 1	12	5	INT	GP
PUB201	Public Health Nutrition 1	12	4	INT	KG
PYB012	Psychology	12	3	INT	KG
<b>Year 2, Semester 1</b>					
HMB271	Motor Control, Learning & Development (Prereq: LSB131)	12	4	INT	KG
HMB277	Exercise and Sport Nutrition	12	3	INT	KG
HMB274	Functional Anatomy (Prereq: LSB131)	12	4	INT	KG
PUB530	Health Education and Behaviour Change (Prereq: PUB201)	12	4	INT	KG
<b>Year 2, Semester 2</b>					
HMB272	Biomechanics (Prereq: LSB131)	12	4	INT	KG
HMB275	Exercise and Sport Psychology (Prereq: PYB012)	12	3	INT	KG
SCB121	Chemistry 2 (Prereq: SCB111)	12	6	INT	GP
HMB273	Exercise Physiology 1 (Prereq: LSB231)	12	4	INT	KG
<b>Year 3, Semester 1</b>					
HMB379	Disorders of Human Movement (Prereq: HMB271)	12	4	INT	KG
HMB382	Principles of Exercise Prescription (Prereq: HMB273)	12	3.5	INT	KG
PUB509	Nutrition (Prereq: PUB201)	12	4	INT	KG
PUB514	Contract/Project Management	12	4	INT	KG
<b>Year 3, Semester 2</b>					
HMB470	Practicum 1 (Prereq: HMB382)	12	4	INT	KG
HMB282	Resistance Training (Prereq: HMB271)	12	4	INT	KG
PYB208	Counselling Theory and Practice	12	4	INT	KG
HMB	Human Movement Elective (A LIST)	12	4	INT	KG

**Note: Some units may be available in more than one semester – please check the timetable for details of offerings.**

<b>LIST A</b>	<b>Semester availability</b>
HMB361 Functional Anatomy 2 (HMB274)	2
HMB362 Biomechanics 2 (HMB272, HMB274)	1
HMB371 Motor Control and Learning 2 (HMB271)	2
HMB381 Exercise Physiology 2 (HMB273)	1
HMB384 Injury Prevention and Rehabilitation (HMB274)	2
HMB480 Advanced Exercise Prescription (HMB382)	2