

2009 Course Summary Sheet

■ Bachelor of Applied Science (Human Movement Studies) (HM42)

This document will assist you with the selection of your study program and completion of your enrolment. Other useful information can be found on the Student Services website studentservices.qut.com which can also be accessed via the Online Enrolment portlet.

Location: Kelvin Grove campus

Course Duration: 4 years full-time

Total Credit Points: 384

Standard Credit Points/Full-Time Semester: 48

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Special Course Requirements:

Students must complete units totalling 384 credit points including foundation units, a major and two minor studies, elective units, practicum experiences and fourth-year studies.

A major (10 units-120 credit points) must be completed in the specified discipline area of Exercise and Sport Science. This includes six compulsory second-level units (72 credit points), two compulsory third-level units (HMB379 and HMB382) (24 credit points), a Practicum unit (HMB470) (12 credit points) and one additional third-level unit (12 credit points).

Two minors must be completed. One minor (48 credit points) Consisting of four units from level three Human Movement Electives. The second minor (48 credit points) may be undertaken from any approved discipline within QUT. It should consist of at least two units from level two and three.

As a professional degree, the program has a number of compulsory practicum experiences throughout the first two years in preparation for the third year practicum and substantive practicum period in Year 4.

The degree may be awarded with Honours: First Class Honours; Second Class Honours, Division A; and Second Class Honours, Division B. Candidates for the degree with Honours must fulfil the requirements for the pass degree and achieve such a standard of proficiency in all the units of the course as may from time to time be determined by the Health Academic Board and approved by the University Academic Board.

IMPORTANT COURSE SPECIFIC ENROLMENT ADVICE

Students are expected to enrol as per the standard structure outlined on this Course Summary, and are responsible for ensuring their unit selection is correct. Failure to do so may result in financial and academic penalties.

Underloads – it is not expected that a student should underload – i.e undertake less credit points than the standard semester load. If, however, your circumstances require you to undertake less units than the standard load, it may lead to difficulties in undertaking units in a timely manner later in the course. Students should also be aware of potential problems with Austudy if they choose to underload.

Overloads – it is not expected that a student should overload – i.e undertake more credit points than the standard semester load. If, however, your circumstances require you to overload you should be aware of the possible academic consequences of an increased study load. Students should also be aware of problems that may arise in the future with Austudy if they elect to overload.

Course Progression – students should attempt to follow the standard course progression as outlined on the Course Summary Sheet. Failure to do so could result in difficulties in unit selection. It is a student's responsibility to ensure they have met pre-requisite and co-requisite requirements when they select their enrolment program. Prerequisites are located in brackets beside units.

Commencing Students – commencing students are required to enrol as specified in the University's letter of offer in regards to their course, attendance mode, campus, and where applicable, major. Commencing Students are not permitted to overload in their first semester of study.

Limits of grades of three for graduation purposes – 12.5% of the total course credit points.

Limits on grades of 3: A new policy concerning grades of 3 comes into effect from 1 January 2009 (QUT MOPP C/9.2). With effect from this date grades of 3 will no longer be considered a conceded or low pass but will be classified as a fail grade. Any grades of 3 awarded prior to 1 January 2009 will retain the conceded pass status and will be counted for graduation purposes up to the maximum number of grades of 3 permitted for your course. Grades of 3 incurred in units that commence after 1 January 2009 will not count towards your degree. The maximum number of pre-2009 grades of 3 permitted for this course can be found [here](#).

Important Note: please ensure you select the correct teaching period, class and location code for all units you are enrolled in. All units in this course have a class of Internal.

Commencing Students

Commencing students have been pre-enrolled in their units for the year. Students are required to accept their enrolment in these units via the On-Line Enrolment function in QUT Virtual. Students not undertaking one or more of these units must reject the unit(s) in question and nominate alternative units accordingly.

Full-time Course Structure		Credit Points	Contact Hrs/Wk	Class Code	Location Code
Year 1, Semester 1					
LSB131	Anatomy	12	5	INT	GP
HMB171	Fitness, Health and Wellness	12	3.5	INT	KG
HMB110	Scholarship & Study Skills	12	3	INT	KG
PUB220	Medical Terminology	12	3	INT	KG
Year 1, Semester 2					
LSB231	Physiology	12	4	INT	GP
HMB172	Nutrition and Physical Activity	12	4	INT	KG
PYB007	Interpersonal Processes and Skills	12	3	INT	KG
PYB012	Psychology	12	3	INT	KG
Year 2, Semester 1					
HMB271	Foundations of Motor Control, Learning and Development (LSB131)	12	4	INT	KG
HMB274	Functional Anatomy (LSB131)	12	4	INT	KG
HMB277	Exercise and Sport Nutrition	12	3	INT	KG
HMB313	Socio-Cultural Foundation of Sport	12	3	INT	KG
Year 2, Semester 2					
HMB273	Exercise Physiology 1 (LSB231)	12	4	INT	KG
HMB275	Exercise and Sport Psychology (PYB012)	12	4	INT	KG
HMB272	Biomechanics (LSB131)	12	4	INT	KG
HMB282	Resistance Training (HMB271)	12	4	INT	KG
Year 3, Semester 1					
HMB379	Disorders of Human Movement (HMB271)	12	4	INT	KG
HMB382	Principles of Exercise Prescription (HMB273)	12	4	INT	KG
Elective	(HM Elective list A)	12			
Elective	(HM Elective List A)	12			
Year 3, Semester 2					
HMB470	Practicum 1 (HMB382)	12		INT	KG
HMB276	Research in Human Movement	12	3	INT	KG
Elective	(HM Elective List A)	12			
Elective	(HM Elective List A)	12			
Year 4, Semester 1					
Elective	(Advanced Elective)	12			
Elective	(Advanced Elective)	12			
Elective	(Advanced Elective)	12			
Elective	(Advanced Elective)	12			

Year 4, Semester 2

Elective (Advanced Elective)	12		
HMB475 Practicum 2 (<i>HMB470</i>)	36	INT	KG

LIST A (Four of these units must be completed – preferably by end year 3) **Semester availability**

HMB361	Functional Anatomy 2 (HMB274)	2
HMB362	Biomechanics 2 (HMB272, HMB274)	1
HMB371	Motor Control and Learning 2 (HMB271)	2
HMB381	Exercise Physiology 2 (HMB273)	1
HMB384	Injury Prevention and Rehabilitation (HMB274)	2
HMB480	Advanced Exercise Prescription (HMB382)	2

LIST B (Nine of these units including four from list A must be completed – five of these units, can be HMB or non-HMB, but need to be chosen from this list (B).

HMB361	Functional Anatomy 2 (HMB274)	2
HMB362	Biomechanics 2 (HMB272, HMB274)	1
HMB371	Motor Control and Learning 2 (HMB271)	2
HMB376	Motor Development in Children	1
HMB381	Exercise Physiology 2 (HMB273)	1
HMB384	Injury Prevention and Rehabilitation (HMB274)	2
HMB480	Advanced Exercise Prescription (HMB382)	2

ECG Analysis & Interpretation – ran by Continuing Professional Education (CPE) 1, 2 & Summer

NON HMS UNITS THAT MAY BE OF INTEREST (check prerequisites and availability)

PUB220	Medical Terminology	1
PUB118	Computer Systems for Health Professionals	1
PUB329	Foundation of Health Studies and Health Behaviour	1
LSB111	Understanding Disease Concepts	1
PUB251	Contemporary Public Health	1,2
PUB332	Sustainable Environments for Health	1
PUB329	Foundations of Health Studies and Health	1
PUB474	Food Science	1
PUB341	Nutritional Education (PUB201)	1
PUB326	Epidemiology (PUB251)	1
PUN743	Foundations & Practice of Epidemiology (PUB326)	1
PUN301	Health, Safety and Environmental Law and Management	1
LSB367	Pathology (LSB131 & LSB231)	1
SCB113	Chemistry 1	1,2
BSB110	Accounting	1,2
BSB126	Marketing	1,2
BSB115	Management People and Organisations	1,2
LWS001	Medicine and the Law	2
PYB208	Counselling Theory and Practice (PYB007)	2
PUB201	Public Health Nutrition 1	2
PUP116	Ergonomics (PUN301)	2

Or other specialised units as approved by DAP

Note: The four year degree (HM42) does have an early three year exit option. The early exit will award the Bachelor of Applied Science (HM40) degree. To obtain this award all assessment within the first three year, including Practicum 1, must be completed.