

2009 Course Summary Sheet

■ Bachelor of Health Science (Nutrition and Dietetics)/Bachelor of Applied Science (Human Movement Studies) (HL42)

This document will assist you with the selection of your study program and completion of your enrolment. Other useful information can be found on the Student Services website studentservices.qut.com which can also be accessed via the Online Enrolment portlet.

Location: Kelvin Grove campus

Course Duration: 5 years full-time

Total Credit Points: 528

Standard Credit Points/Full-time Semester: Of the 10 semesters, 6 are of 48 credit points, and 4 are 60 credit points

Course Coordinators: Human Movements: Dr Michael McDonald, Room O-A424, ph 3138 3618, m.mcdonald@qut.edu.au; Public Health: Ms Melinda Service, Room O-D720, ph 3138 3522, m.service@qut.edu.au

Strand Coordinators: Nutrition and Dietetics: Dr Danielle Gallegos, Room O-D624, ph 3138 5799. *All initial enquiries relating to the Health component:* Undergraduate Administrative Assistant, Room O-D611, ph. 3138 3368, Email: sph.studentcentre@qut.edu.au

Professional Recognition

Students who complete the Nutrition and Dietetics major will be eligible for membership of the Dietitians Association of Australia. Students who complete the Human Movement Studies major will be eligible for membership of the Australian Association of Exercise and Sports Science.

Important Note: Please ensure you select the correct teaching period, class and location code for all units you are enrolled in.

IMPORTANT ENROLMENT INFORMATION

Student Responsibility: You are responsible for ensuring that your enrolment is completed correctly and that your enrolment status is accurate at all times. Students should attempt to follow the standard course progression as outlined in the course summary sheet. You are expected to abide by the University's due dates when submitting enrolment or credit applications and should ensure that your address details are up to date. Failure to do any of the above may result in financial and academic penalties, difficulties in unit selection and you may not be able to graduate as planned.

Commencing Students: You are required to enrol as specified in the University's letter of offer in regards to your course, major, attendance mode and type, location and class codes.

Commencing students have been pre-enrolled in their units for the year. Students are required to accept their enrolment in these units via the on-line enrolment function in QUT Virtual. Students not undertaking one or more of these units must reject the unit(s) in question and nominate alternative units accordingly.

Overloads: It is not expected that you should overload, i.e. undertake more credit points than the standard semester load. Overloads are not permitted in the first semester of study without Course Coordinator approval. If your circumstances require you to overload you should be aware of the possible course progression and timetable problems.

Underloads: It is not expected that you should underload, i.e. undertake less credit points than the standard semester load as outlined in this course summary sheet. If, however, your circumstances require you to undertake fewer units than the standard load, it may lead to course progression and timetable problems. Students should be aware of potential problems with Austudy if they choose to underload.

Attendance Mode and Class Code: You are required to enrol in the attendance mode and type as specified in the University's letter of offer. It is your responsibility to ensure correct location and class codes are entered on your enrolment.

Class Codes

INT Classes are held at Kelvin Grove, Gardens Point or Carseldine campus

EXT The unit is offered externally via Teaching and Learning Support Services (TALSS)

Location Codes

KG Unit is taught on the Kelvin Grove campus

GP Unit is taught on the Gardens Point campus

CA Unit is taught on the Carseldine campus

Timetabling of Units: A clash-free timetable is guaranteed for the standard programs of study only. Students following a non-standard enrolment program may need to substitute units or take an underload as a result of timetabling clashes. **Note that part-time mode is a reference to credit points load and does not indicate attendance type (eg, evening classes). You should note that units may be timetabled between 8am and 10pm Monday to Friday. Specific units may require attendance outside these times (e.g. weekends).**

Prerequisite Units: You are expected to complete prerequisite units as outlined in the Course Summary Sheet before proceeding to subsequent units.

Designated units: These are units which are deemed to be critical in a student's progress in the course. Such units include professional experience units, units requiring the development of particular skills and units requiring certain personal qualities. At the end of each year students who have failed to achieve a satisfactory level of performance in a designated unit will be eligible for exclusion. A Faculty Academic Board may exclude the student or place them on probationary enrolment. A satisfactory level of performance in a designated unit is a grade of 3 (low pass) or higher, or S - Satisfactory, where appropriate.

Change of Course/Major and Transfer Policy: You must complete at least one semester of study in your course of offer before applying for an intra-faculty transfer to another Health Faculty course/major. You will be allowed to transfer to another Faculty of Health course only if you (a) meet the minimum entry requirements which applied for that course/major in the most recent admission period **and** (b) there is a quota place available.

Advanced Standing Applications: You should apply for advanced standing by the due date as delays may cause enrolment difficulties. You should enrol in the standard program until the success of any advanced standing application is known. You should seek advice from your Course Coordinator before altering your enrolment program after receiving advanced standing or exemptions.

Limits on grades of 3: A new policy concerning grades of 3 comes into effect from 1 January 2009 (QUT MOPP C/9.2). With effect from this date grades of 3 will no longer be considered a conceded or low pass but will be classified as a **fail** grade. Any grades of 3 awarded **prior to 1 January 2009** will retain the conceded pass status and will be counted for graduation purposes up to the maximum number of grades of 3 permitted for your course. Grades of 3 incurred in units that commence after 1 January 2009 will not count towards your degree. For 2009 the maximum number of pre-2009 grades of 3 permitted is 5

Please note any provisional credit (advanced standing) awarded for QUT units undertaken prior to 2009 based on a grade of 3 will be honoured, subject to there being no breach of the maximum number of grades of 3 ruling for the course overall.

Requirements for Placements: You must hold a **Blue Card** to undertake any unit which involves possible contact with children, including any required clinical studies. You should allow 12 weeks for the Commission to issue the card. For more information on the blue card and how to apply please visit the following site: [blue card](#). Students are required to undergo **Hepatitis B vaccination** prior to undertaking any clinical placement. Hepatitis B vaccinations (3 inoculations) are done over a period of six months. This means that you need to prepare for your clinical placements well in advance. Please see the School of Public Health website for more information. It is **QH requirement** that all students complete an orientation package before undertaking any placement which involves QH. The package is completed [on line](#).

COMMENCING STUDENTS – 2008 AND 2009**Full-time Course Structure**

		Credit Points	Location Code	Class Code	Contact Hrs/Wk	Prerequisite Units
Year 1, Semester 1						
LSB131	Anatomy	12	GP	INT	5	
SCB111	Chemistry 1	12	GP	INT	5	
PUB251	Contemporary Public Health	12	KG	INT	4	
PUB474	Food Studies	12	KG	INT	5	
Year 1, Semester 2						
HMB276	Research in Human Movement	12	KG	INT	4	
SCB121	Chemistry 2 (<i>prereq: SCB111</i>)	12	GP	INT	6	
PUB201	Food & Nutrition	12	KG	INT	4	
LQB488	Medical Physiology 2	12	GP	INT	5	
Year 2, Semester 1						
HMB271	Foundations of Motor Control, Learning & Development (<i>prereq: LSB131</i>)	12	GP	INT	4	LSB131
HMB274	Functional Anatomy (<i>prereq: LSB131</i>)	12	GP	INT	4	LSB131
HMB171	Fitness, Health & Wellness	12	KG	INT	3	
LQB381	Biochemistry: Structure and Function (<i>prereq: SCB121</i>)	12	KG	INT	4	SCB121
LQB388	Medical Physiology 1 (<i>prereq: LSB131</i>)	12	KG	INT	5	LSB131
Year 2, Semester 2						
HMB272	Biomechanics	12	KG	INT	4	
HMB273	Exercise Physiology 1 (<i>prereq: LSB231 or equivalent</i>)	12	KG	INT	4	LSB231 or equivalent
LQB481	Biochemical Pathways and Metabolism (<i>prereq: LSB308 or LQB381</i>)				4	
PUB648	Diet, Nutrition and Chronic Disease	12	KG	INT	5	
PUB405	Nutrition Science (<i>prereq: LSB308, PUB201</i>)					

Please note from 2009:

- LSB308 Biochemistry is replaced by LQB381 Biochemistry: Structure and Function
- LSB358 Physiology 1 is replaced by LQB388 Medical Physiology 1
- LSB408 Metabolism is replaced by LQB481 Biochemical Pathways and Metabolism
- LSB458 Physiology 2 is replaced by LQB488 Medical Physiology 2

Do not undertake any of the new coded units if you have previously completed LSB308, LSB358, LSB408 or LSB458.

CONTINUING STUDENTS WHO COMMENCED BEFORE 2008

Credit Points	Contact Hrs/Wk	Location Code	Class Code
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Year 3, Semester 1

HMB379	Disorders of Human Movement (<i>prereq: HMB271</i>)	12	4	KG	INT
PUB326	Epidemiology (<i>prereq: PUB251</i>)	12	3	KG	INT
PUB506	Food Service Management (<i>prereq: PUB474</i>)	12	3	KG	INT
PUB541	Medical Nutrition Therapy 1 (<i>prereq: LSB408, LSB458, PUB405</i>)	12	5	KG	INT
PYB012	Psychology	12	3	KG	INT

Year 3, Semester 2

HMB275	Exercise & Sports Psychology (<i>prereq: PYB012</i>)	12	4	KG	INT
HMB282	Resistance Training *	12	3	KG	INT
PUB628	Advanced Food Studies (<i>prereq: PUB474, PUB541, coreq: PUB641</i>)	12	6	KG	INT
PUB641	Medical Nutrition Therapy 2 (<i>prereq: PUB541, coreq: PUB628</i>)	12	5	KG	INT

Year 4, Semester 1**

HMB277	Exercise & Sports Nutrition (<i>prereq: HMB172</i>)	12	4	KG	INT
HMB313	Socio-Cultural Foundations of Physical Activity	12	4	KG	INT
HMB382	Principles of Exercise Prescription (<i>prereq: HMB273</i>)	12	4	KG	INT
PUB509	Nutrition (<i>prereq: PUB201, PUB314/PUB326</i>)	12	4	KG	INT

Year 4, Semester 2

HMB470	Practicum 1 (<i>HMB382</i>)	12	3-4	KG	INT
Elective	HM Elective List A				
PYB208	Counselling Theory & Practice 1 (<i>prereq: PYB012</i>)	12	4	CA	INT
PUB645	Introduction to Dietetic Practice (<i>prereq: completion of all prior Nutrition & Dietetics core units</i>) [designated unit]	12	16	KG	INT

Year 5, Semester 1[@]

PUB723	Clinical Dietetic Practice (<i>prereq: PUB875</i>) [@] [designated unit]	24		KG	INT
PUB821	Practice In Community Nutrition [designated unit]	12		KG	INT
OR					
PUB822	Practice In Food Service Management [designated unit]	12		KG	INT
Elective	HM Elective List A				

Year 5, Semester 2

HMB475	Practicum 2 (<i>prereq: HMB470</i>)	36		KG	INT
PUB606	Dietetic Management (<i>prereq: PUB506</i>)	12	3	KG	INT
PUB821	Practice In Community Nutrition [designated unit]	12		KG	INT
OR					
PUB822	Practice In Food Service Management [designated unit]	12		KG	INT

Students in 5th year MUST complete PUB821 and PUB822, but can choose in which semester to undertake each unit.

HM Elective List A

			Credit Points	Contact Hrs/Wk	Location Code	Class Code
HMB362	Biomechanics 2	(Semester 1)	12	3	KG	INT
HMB381	Exercise Physiology 2	(Semester 1)	12	3-4	KG	INT
HMB361	Functional Anatomy 2	(semester 2)	12	4	KG	INT
HMB371	Motor Control And Learning 2	(Semester 2)	12	4	KG	INT
HMB480	Advanced Exercise Prescription	(Semester 2)	12	3	KG	INT